

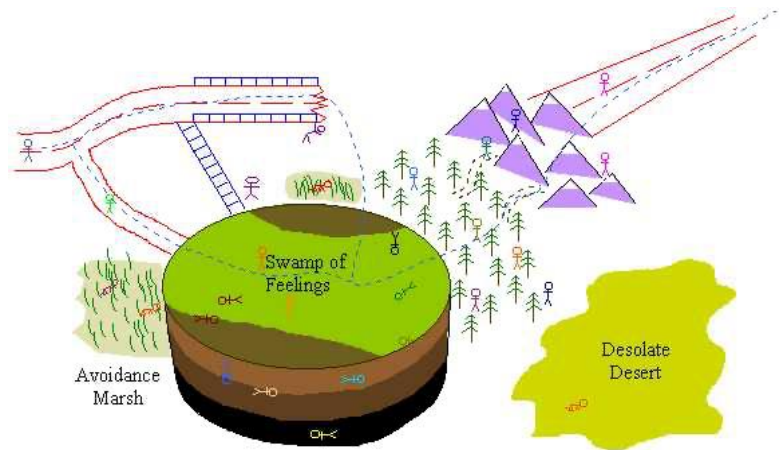
## About the Project

StillAware is the only not-for-profit organisation in Australia dedicated to raising awareness of stillbirth and is working alongside the Pilbara Aboriginal Voice (PAV) to surface knowledge that can guide us towards important understandings around preparing to carry and birth baby safely. This project exists because stats identify high rates of stillbirth in Aboriginal communities. Currently research is showing that Aboriginal woman experience stillbirth at 2-3 times the rate as non-Aboriginal women.

A Department of Health grant rewarded StillAware a project grant that covers six regions across Australia starting with the Pilbara region. As the project team travels through each region, opportunity will be given for each region to find their own translation of the project and allow their own ways of identifying. Gurlu Gurlu Wangka translates to Yarns about Children in the Ngarluma language, the base location for the Pilbara region. The aim of the project is to develop education and awareness resources with and for Aboriginal people, on ways to reduce risk of Stillbirth while pregnant.

## About the Presenter

After a career in science, Roslyn studied psychology, focussed on research. A dream changed her life. Roslyn dreamt 'the map' which is the emotional landscape. In 1996 she shared this with an Aboriginal elder, and she has worked with Aboriginal communities ever since.



In 2008, Roslyn went back to university she had discovered a pattern that connects everything, she calls Realm Theory which connects science, arts and spirit. During this time, Roslyn also learned that Aboriginal people lived this, and it wasn't just theory.

### Using the Map of Loss:

- We will look at how great sadness can be passed on to other family members and how to heal the sadness.
- We will look at how anger affects your thinking and how to let it go.
- We will look at strengths and weaknesses and how to see them in others.
- We will look at whatever you need to make you and your family/community strong.
- We will have fun, sadness and laughter.

The first step is to heal what makes families weak so, they can be who they were born to be. Taking their place within the family and the community. When people are shattered, flat or frail they take energy from the family or community. When people are healthy or robust, they can support other people. Using a simple metaphorical language, we will show you the way through the map, empowering you to help create a strong community.

## Strong Families = Strong Communities

A TWO-DAY workshop for people wanting to help their families and communities become strong. Through art, music, stories, pictures, dance and acting learn how people become strong in themselves, their culture and their family.

**Presenter:** Roslyn Snyder from WISDOM in your life

**Date:** 20<sup>th</sup> and 21<sup>st</sup> October 2022 (Thursday and Friday)

**Venue:** EPIC, 22 Balmoral Road, Karratha  
(catering provided, BYO food if you have any special dietary requirements)

**Time:** Arrive by 8:30am Start @ 9:00am Finish by 4:30pm

**Contact:** Michelle Adams 0455507491 or contact 0437861172 if you can't get through to the first contact.

**Winds of Change**  
**New Old Ways for Caring**  
**Gurlu Gurlu Wangka**

